




MEADOWBROOK

—BLACK RIVER FALLS—

Upcoming Event >>>

Fri 1: 10:00 Outdoor time/ 2:00 Derby Hats/ 3:00 Social time/ 6:00 UNO/ 5:45 Brewers

Sat 2: 10:00 Movie/ 2:00 Games w/Peggy/ 3:05 Brewer Game

Sun 3: 9:15 Church/ Self led activity/ 12:35 Brewers Game

Mon 4: 10:00 Sip & Chat/ 2:00 Bingo/ 3:00 Social time/ 6:00 Dice

Tue 5: 10:00 Manicures/ 2:00 Stealing Bundles/ 3:00 Social time

Wed 6: 10:00 Skee-ball/ 1:30 Games w/Linda/ 3:00 Social time/ 3:00 Church

Thu 7: 10:00 Exercise/2:00 Bingo/ 3:00 Social tm/ 3:15 Bible Study

Fri 8: 10:00 Outdoor time/2:00 Men's group/ 3:00 Social time/ 6:00 UNO/ 7:10 Brewer game

Sat 9: 10:00 Movie/ 2:00 Games w/Peggy/ 6:10 Brewers Game

Sun 10: 9:15 Church/ 1:10 Brewers Game/ Self led activities

Mon 11: 10:00 Tea Social/ 2:00 Bingo/ 3:00 Social time/ 6:00 Dice

Tue 12: 10:00 Crafts/ 2:00 Photo Booth/ 3:00 Social time/

Wed 13: 10:00 Spa Day/ 1:30 Games w/Linds/ 3:00 Social time/ 3:00 Memorial Service

Thu 14: 10:00 Scavenger Hunt/ 2:00 Bingo/ 3:00 Social time/ 3:15 Bible study

Fri 15: 10:00 Outdoor time/ 2:00 6-5-4/ 3:00 Social time/6:00 UNO/ 7:10 Brewer game

Sat 16: 10:00 Movie/ 2:00 Games w/Peggy/ 6:10 Brewers Game

Sun 17: 9:15 Church/ 1:10 Brewers Game/ 3:00 Gospel Singers

Mon 18: 10:00 Sip & Chat/ 2:00 Bingo/ 3:00 Social time/ 6:00 Dice

Tue 19: 10:00 Lefse demo/ 2:00 Waffle & Friends / 3:00 Social time/ 6:40 Brewers

Wed 20: 10:00 Wheel of Fortune/ 1:30 Games w/Linda/ 2:30 Social time/ 3:00 Church

Thu 21: 9:00 Catholic visits/ 10:00 Exercise/ 2:00 Bingo/ 3:00 Social time/ 3:15 Bible study

Fri 22: 10:00 Outdoor time /2:00 Resid Council/3:00 Social tm/6:00 UNO/ 6:40 Brewer game

Sat 23: 10:00 Movie/ 2:00 Games w/Peggy/ 6:15 Brewers Game

Sun 24: 9:15 Church/ 1:10 Brewers Game/ Self led Activity

Mon 25: 10:00 Sip & Chat/ 2:00 Bingo/ 3:00 Social time/ 6:00 Dice

Tue 26: 10:00 Dice games/ 1:30 Wally & Jerry, Monthly Birthday Party/ 2:30 Social/Snacks

Wed 27: 10:00 Name that tune/ 1:30 Games w/Linda/2:30 Social time/ 3:00 Church

Thu 28: 10:00 Exercise/2:00 Bingo/ 3:00 Social tm/3:15 Bible study

Fri 29: 10:00 Outdoor tm/2:00 LCR/ 3:00 Social tm/ 6:00 UNO/ 7:10 Brewer game

Sat 30: 10:00 Movie/ 2:00 Games w/Peggy/ 3:10 Brewer Game

Sun 31: 9:15 Church/ Self led activity/ 1:10 Brewers Game

Snack and refreshments are served M-F between 2:30-3:00 pm
Wednesdays are beauty shop & Wal-Mart/smoke shop pick up day.

See Lyndsey to set up an appointment at the beauty shop. Please have your shopping lists ready by Tuesday.

*Puzzles, board games and activity sheets are always available for self-led activity. Free movie options are set up on the lounge tv.

Newsletter

8 Ways to Deal with False Dementia Accusations

It can be deeply upsetting when a loved one with dementia accuses you of stealing, lying, or mistreating them. While these claims may feel personal, they are usually the result of the disease, not intentional behavior. As memory and cognitive abilities decline, individuals may experience confusion, anxiety, and paranoia, leading them to believe things that are not real.

For example, if they misplace an item, they may believe someone has taken it. If they feel restricted for safety reasons, they may think they are being controlled. These reactions come from the brain trying to make sense of a changing reality.

Although these situations can be emotionally difficult, responding with patience and understanding can make a significant difference. Here are some helpful ways to manage these moments:

- 1. Don't take it personally:** Remember, these accusations are caused by the disease, not by intention. Stay calm and focus on reassurance.
- 2. Don't argue or use logic to convince:** Trying to prove them wrong can increase frustration. Instead, acknowledge their feelings and move on.
- 3. Use a calm, soothing tone and positive body language:** Speak gently and maintain positive body language to help reduce anxiety.
- 4. Create a calm environment:** Lower noise and distractions to ease tension and help them feel more secure.
- 5. Stick to simple answers:** Short, clear answers are easier to understand and less overwhelming.
- 6. Distract with a pleasant activity:** After acknowledging their feelings, shift their focus to something enjoyable or familiar.
- 7. Keep duplicates of frequently misplaced items:** Having extras (like glasses or wallets) can help quickly resolve distressing situations.
- 8. Seek support and advice from people who understand:** These situations can be emotionally draining. Don't hesitate to reach out for guidance or support.

Responding with empathy and patience not only helps calm the situation but also strengthens trust and comfort for your loved one.

Reference: <https://dailycaring.com/8-ways-to-deal-with-false-dementia-accusations/>

Let's play! Word Scramble:



1. AACMSRA _____
2. VOCIRTY _____
3. EROMBSOR _____
4. CHMIIRAA _____
5. ANRCEF _____
6. YAM _____
7. EPDIR _____
8. IATSEF _____
9. TROIRSBU _____
10. APEUBL _____
11. MAOGI _____
12. AIPNTA _____
13. LIVFAEST _____
14. IEMXOC _____
15. OMay _____



Employee Birthdays

- | | |
|---------------------|--------------------|
| Rhonda B., May 02 | Melissa G., May 30 |
| Samantha K., May 10 | |
| Lyndsey S., May 11 | |
| Dalton R., May 15 | |
| Madison W., May 17 | |
| Sandra H., May 17 | |
| Kerry J., May 20 | |
| Briana D., May 28 | |



Meet our Team >>>

Hometown: Black River Falls, WI.

Employment Background:

I was a teacher; this is my first job as a CNA.

Tell us about your family:

I have a great husband and three dogs.

What are your outside Interests?

I like surfing, painting, traveling and cooking.

What is the best part of your job?

Making residents smile and feel safe.

What is the one thing that would surprise people about you?

I used to be a social media influencer with over 100k followers, I was a social studies teacher, and I did modeling for almost 2 years!

Margie T.
CNA



2026 Fun & National Holidays!

- ▶ May 1 May Day
- ▶ May 1 World Laughter Day
- ▶ May 2 Kentucky Derby Day
- ▶ May 3 Teacher Day
- ▶ May 3 Lemonade Day
- ▶ May 4 Star Wars Day
- ▶ May 5 Cinco de Mayo
- ▶ May 6 **Nurse's Day**
- ▶ May 6 Beverage Day
- ▶ May 6 National School Nurse Day
- ▶ May 8 Coke Day
- ▶ May 9 Mini Golf Day
- ▶ May 10 **Mother's Day**
- ▶ May 11 Twilight Zone Day
- ▶ May 11 Eat What You Want Day
- ▶ May 13 Frog Jumping Day
- ▶ May 14 Dance Like a Chicken Day
- ▶ May 15 International Family Day
- ▶ May 15 Chocolate Chip Day
- ▶ May 15 Pizza Party Day
- ▶ May 19 May Ray Day
- ▶ May 20 Bike to Work Day
- ▶ May 24 Scavenger Hunt Day
- ▶ May 25 **Memorial Day**
- ▶ May 27 Sun Screen Day
- ▶ May 27 Senior Health & Fitness Day
- ▶ May 28 Hamburger Day
- ▶ May 31 Macaroon Day

Also, May is...

- Mental Health Awareness Month
- National Nurses Week – May 6 - 12
- National Nursing Home Week – May 10 - 16



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