



DECEMBER 2025



Upcoming Event >>>

Mon 1: 10:00 Christmas Decorating/ 2:00 Bingo/ 3:00 Social tm/ 6:00 Dice

Tue 2: 10:00 Christmas Decorating/ 2:00 Trivia/ 3:00 Social time

Wed 3: 10:00 Christmas Decorating/ 1:30 Games w/Linda/ 2:30 Social time/ 3:00 Church

Thu 4: 10:00 Crafting/ 2:00 Bingo/ 3:00 Social & Snacks

Fri 5: 10:00 Artfull Hr/2:00 Shuffleboard/3:00 Social tm/6:00 UNO

Sat 6: 10:30 Movie/ 2:00 Games w/Peggy/ Self led activity

Sun 7: 9:15 Church/ 3:15 Packer Game / Self led activity

Mon 8: 10:00 Sip & Chat/ 2:00 Bingo/ 3:00 Social time/ 6:00 Dice

Tue 9: 10:00 Xmas Craft/ 2:00 Snowball Fight/ 3:00 Social time

Wed 10: 10:00 6-5-4/1:30 Games Linda/2:30 Social tm/3:00 Church

Thu 11: 9:00 Catholic Serv./ 10:00 AM Exercises/ 2:00 Bingo/ 3:00 Social time/ 3:15 Bible Study

Fri 12: 10:15 Home School Singers/ 2:00 Hor Chocolate Cart/ 2:30 Social time/ 3:00 Church

Sat 13: 10:30 Movie/ 2:00 Games w/Peggy/ Self led activity

Sun 14: 9:15 Church/ 3:25 Packer Game/ Self Led Activity

Mon 15: 10:00 Sip & Chat/ 2:00 Bingo/ 3:00 Social time/ 6:00 Dice

Tue 16: 10:00 Baking/2:00 Monthly Birthday Celebration/ 3:00 Social time

Wed 17: 10:00 Cotton Ball Challenge/ 1:30 Games w/Linda/ 3:00 Social time/ 3:00 Church

Thu 18: 10:00 Exercise/2:00 Bingo/2:45 Social tm/ 3:15 Bible Stdy

Fri 19: 10:00 Artful Hr/2:00 Party prep/3:00 Social time/ 6:00 UNO

Sat 20: 10:30 Movie/ 1:30 **Resident Christmas**/ TBD Badgers

Sun 21: 9:15 Church/ 3:00 Gospel Singers/ Self led activity

Mon 22: 10:00 Sip & Chat/ 2:00 Bingo/ 3:00 Social time/ 6:00 Dice

Tue 23: 10:00 Manicures/ 2:30 Concert & popcorn/ 3:00 Social time

Wed 24: 10:00 Table Bowling/ 2:00 White elephant dice/ 2:30 Social time

Thu 25: 2:00 Christmas Movie & Snacks/ **Merry Christmas**

Fri 26: 10:00 Board games/ 2:00 Name that tune/ 3:00 Social time/ 6:00 UNO

Sat 27: 10:30 Movie/ 2:00 Games w/Peggy/ Self led activity

Sun 28: 9:15 Church/ TBD Packer Game/ Self led Activity

Mon 29: 10:00 Sip & Chat/ 2:00 Bingo/ 3:00 Social tm/ 6:00 Dice

Tue 30: 10:00 Holiday Trivia/ 2:00 Res. Council/ 2:30 Social time

Wed 31: 10:00 Cards/ 1:30 New Year Party w/ Wally & Jerry

Snack and refreshments are served M-F between 2:30-3:00 pm

Wednesday's beauty shop & Wal-Mart/Smoke shop pick up day.

*Puzzles, board games and activity sheets are always available for self-led activity. Free movie options are set up on the lounge tv.

***Activities are subject to change ***

Newsletter

Holiday Traditions Around the World

December is a month filled with celebrations across many cultures. In our community, we love honoring traditions that bring joy, meaning, and connection. Here are a few beloved holiday customs from around the globe:



Mexico – Las Posadas. From December 16th to 24th, families in Mexico celebrate Las Posadas, a beautiful reenactment of Mary and Joseph's search for shelter. Communities gather for candlelit processions, prayers, songs, and festive treats like buñuelos and ponche.

Germany – Christmas Markets & Advent. Germany is known for its enchanting Christmas markets (Weihnachtsmärkte), where towns are filled with handmade crafts, warm drinks, and twinkling lights. Many families also celebrate Advent, lighting a candle each Sunday leading up to Christmas.

Italy – La Befana. In Italy, children look forward not only to Christmas, but also to the arrival of La Befana on January 6th. According to tradition, this kindhearted old woman brings gifts to children on the eve of Epiphany, similar to Santa Claus.

Japan – Christmas as a Season of Joy. Although not a religious holiday in Japan, Christmas is celebrated as a season of happiness. Families enjoy light displays, gift-giving, and a unique custom: sharing a special Christmas cake topped with strawberries and cream.

Philippines – The Longest Christmas Season. The Philippines is famous for having one of the longest Christmas celebrations in the world—starting as early as September! One cherished tradition is the Simbang Gabi, a series of dawn masses leading up to Christmas Eve.



Jewish Tradition – Hanukkah. Hanukkah, the Festival of Lights, is an eight-day celebration that honors the miracle of a small amount of oil lasting eight nights. Families light the menorah, play dreidel, and share foods fried in oil, such as latkes and donuts.

African American Culture – Kwanzaa. Kwanzaa is a cultural celebration held from December 26th to January 1st. Families come together to honor seven principles such as unity, responsibility, and creativity. Each day, a candle is lit on a kinara to symbolize one principle.



Sweden – St. Lucia Day. On December 13th, Sweden celebrates St. Lucia Day, a festival of light during the winter darkness. Traditionally, a girl dressed in white with a candle crown leads a procession, bringing warm pastries and singing carols.

** Bringing Traditions into Our Community **

Let's play! Word Scramble: Polar Express



1. TINRA _____
2. SMAHCTRSI _____
3. SAMAJAP _____
4. SELBL _____
5. ESTMA _____
6. XSEESPR _____
7. ROEB _____
8. SRLEIV _____
9. TWESLHI _____
10. ILGESH _____
11. NASTA _____
12. RTNHO LPEO _____
13. IEDNERER _____
14. ALROP _____

Meet our Team >>>

Hometown: Born in Milwaukee, graduated from Sparta and now live in Black River Falls.

Background: DA in High School and Wal-Mart online grocery team member before coming to Meadowbrook.

Tell us about your family.

I am Swedish/Norwegian on my Dad's side and a fun fact... I come from a long line of Churchills, as in Winston Churchill, Prime Minister of Britain.

What are your outside Interests?

I love reading, history, miniature painting and cooking.

What is the best part of your job?

The residents in our dining room, the fact that times absolutely flies by and RHONDA (Dietary Manager).

One thing that would surprise people.

I'd say my vernacular and lexicography knowledge or my ability to pull jokes out of my pocket!

Gustav M.
Dietary Aide



Testimonial >>>



*"I enjoyed my stay at Meadowbrook BRF because of the staff. I love them, they are so wonderful. I was worried I would not be able to smoke while at Meadowbrook, but I could, and the rules were very fair. My favorite part of my stay was socializing with fellow residents." - **Jodi T. - Resident***



1311 Tyler Street
Black River Falls, WI 54615
Contact us at **715-284-4396**
www.meadowbrookrf.com



Employee Birthdays

Ryan P., Dec 03

Victoria G., Dec 07

Savanna P., Dec 14



2025 Fun & National Holidays!

- Dec 1 Eat a Red Apple Day
- Dec 2 Fritters Day
- Dec 3 Make a Gift Day
- Dec 4 Wear Brown Shoes Day
- Dec 5 Day of the Ninja
- Dec 6 St Nick Day
- Dec 6 Microwave Oven Day
- Dec 7 Letter Writing Day
- Dec 9 Christmas Card Day
- Dec 10 Cocoa Day
- Dec 11 Noodle Ring Day
- Dec 12 Official Lost and Found Day
- Dec 12 Gingerbread House Day
- Dec 14 Free Shipping Day
- Dec 14 Monkey Day
- Dec 15 Cupcake Day
- Dec 17 Wright Brothers Day
- Dec 19 Underdog Day
- Dec 19 Ugly Sweater Day
- Dec 20 Sangria Day
- Dec 22 Date Nut Bread Day
- Dec 23 Festivus
- Dec 24 Eggnog Day
- Dec 25 Grav Mass Day
- Dec 25 Merry Christmas!
- Dec 26 Thank You Note Day
- Dec 27 No Interruptions Day
- Dec 28 Card Playing Day
- Dec 29 Pepper Pot Day
- Dec 31 Make Up Your Mind Day
- Dec 31 New Year Eve

Also, December is...

International Sharps Injury Prevention Awareness Month
Universal Human Rights Month